

Land Use Variation for a Massage Establishment

Opal Massage Therapy

Opal Massage Therapy, LLC was founded in 2019 by myself, Gabriela Perez Leyva and Samuel Olvera. Our mission is to service those who suffer from chronic pain and are looking to gain their life back with pain management via massage therapy. In addition, we help those who simply would like to take a pause from their everyday routine to relax, reduce stress and maintain a healthy mental health.

We are familiar with helping clients that suffer from re-occurring headaches/migraines, TMJ, low back pain, muscle cramps/spasms, carpal tunnel syndrome, tennis elbow, fibromyalgia, scoliosis, rheumatoid arthritis, sciatic pain, rotator cuff injury, scar tissue, insomnia, pregnancy related pain, plantar fasciitis, anxiety/high stress etc

All of our trusted and professional massage therapists hold a current/valid license by the state of Illinois, have current malpractice insurance, and abide by the CEU's that the state of Illinois requires in order to maintain a current and valid massage license. Our massage therapists are always taking continuing education classes so we can stay up to date on the most current and beneficial pain relieving modalities and techniques.

Our business is an LLC and also holds malpractice and liability insurance. Before we service a client we require an intake/health history form to be filled out by the client. For clients who are under the age of 18, we require a parent's signature for consent. If we are unable to reach a parent or legal guardian of the minor, we will refuse service. For pregnancy massage we require the intake/health history form as well as a doctors note for approval and clearance for her to receive the service. If we do not receive a doctors note, we will refuse service until we obtain a doctors note.

Our hours of operation are as follows:

Monday – Friday
8am-8pm

Saturday
8am-2pm

Sunday

CLOSED

Opal Massage Therapy offers the following services:

Deep Tissue Massage

Targets the deeper layers of muscles and connective tissues.

30 mins - \$65

60 mins - \$105

90 mins - \$145

Therapeutic Massage

Focuses on specific muscle groups to reduce pain and promote relaxation.

30 mins - \$55

60 mins - \$95

90 mins - \$135

Sports Massage

Focuses on the needs of the athlete. Releases muscle tension and restores balance.

60 mins - \$105

90 mins - \$145

Swedish Massage

Promotes relaxation and decreases muscle tension.

30 mins - \$55

60 mins - \$95

90 mins - \$135

Pregnancy Massage

A truly relaxing massage. Helping reduce stress and alleviating pregnancy related discomfort.

Please note: A doctors note is required

60 mins - \$100

Cupping Therapy Massage

An ancient technique that uses special cups on your skin for a few mins to create suction. Helps reduce pain, lower inflammation, encourage blood circulation, promotes relaxation and well-being.

60 mins - \$110

Hot Stone Massage

An ancient technique that incorporates hot basalt stones on your body to provide both therapeutic and relaxing benefits.

60 mins - \$110

90 mins - \$150

Foot and Scalp Massage

Relaxing and soothing massage for those on the go.

30 mins - \$50

Reiki

Non-invasive healing technique that involves the channeling of universal life energy to promote balance and well-being within the body and mind. Practitioners use their hands to direct this energy, facilitating a deep sense of relaxation and supporting the body's natural healing processes.

60 mins - \$50

90 mins - \$80

Opal Massage Therapy prioritizes the safety of both client and massage therapist. Therefore, there is a zero tolerance policy of any insinuations, suggestive activities or inappropriate behavior of any kind. Should this occur, immediate termination will occur. If the client is the suspect, client will be charged full price of the service and will be banned from returning for life. If massage therapist is the suspect, he/she will be terminated from employment and reported to Illinois Department of Financial & Professional Regulation for license suspension.

I appreciate you taking time to read my business narrative. If you would like to learn more about our business feel free to visit our website at opalmt.com and/or read Opal's business plan also attached with the narrative. Looking forward to being part of the Arlington Height community early 2024.